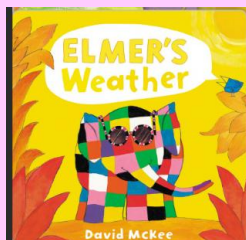
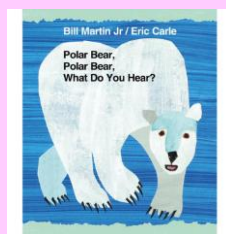


SENSORY THEMED LEARNING

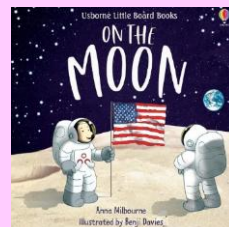
THERAPEUTIC / HOLISTIC ACTIVITIES



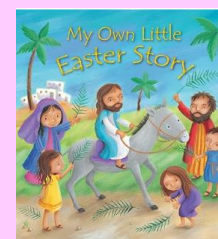
6th - 24th Jan



27th Jan - 21st Feb



3rd - 21st March



24th March - 11th April

Communication and Language, Literacy

- ❖ Sensory Stories - Interacting with stories and story resources - fully immersive experiences using all the senses
- ❖ Attention time - developing attention and interaction skills.
- ❖ Songs, nursery rhymes and action songs
- ❖ Opportunities to communicate using body language, vocalization, deixis, gesture, VOCA, sign or symbol.
- ❖ Opportunities to understand using tassels, objects, objects of significance and objects of reference.
- ❖ Opportunities to make choices, accept and reject.
- ❖ Opportunities to share books.
- ❖ Opportunities to take part in song, rhyme and rhythmic activities.
- ❖ Intensive interaction.
- ❖ Library visits
- ❖ Opportunities for back and forth interactions with familiar adults and peers where appropriate
- ❖ Opportunities to initiate or reject social interactions.
- ❖ Opportunities to communicate more/ finished.
- ❖ Group and individual sessions with SALTA
- ❖ Matching activities / jigsaw puzzles

Mathematics (Cognition and Learning)

- ❖ Opportunities to respond to a range of stimuli.
- ❖ Opportunities to respond differently to a range of stimuli.
- ❖ Opportunities to redirect attention from one person, object or activity to another.
- ❖ Opportunities to explore a range of different environments.
- ❖ Opportunities to develop understanding of the properties of objects, locations, and events.
- ❖ Opportunities to develop cause and effect/ contingency responding over a range of scenarios.
- ❖ Opportunities to show anticipation through familiar routines.
- ❖ Opportunities to develop increasing behavioural complexity through trial-and-error experimentation.
- ❖ Opportunities to develop object permanence.
- ❖ Opportunities to develop simple problem-solving skills.
- ❖ Where appropriate, opportunities to manipulate objects to i.e. fill containers, stack, sort,

Sensology—Sensory Stimulation
Sensology is an enjoyable and positive way to awaken and develop the seven sensory systems.

Movement through Music (Body Awareness) Pupils will develop their communication skills through intensive interaction, through movement to music. Teaching staff will perform a sequence of passive movements with each pupil through action songs. Children will then complete their own individual physio plan set by our school physiotherapist.

Hand & Eye Coordination & Hand Work (Fine Motor Movement) Pupils are encouraged to make a range of hand and arm movements including reaching, grasping, releasing and manipulating interesting objects.

Jacuzzi/Hydrotherapy (Water Mobility) Hydrotherapy involves stimulation, freedom of movement and gentle stretches which are incorporated into a fun and relaxing time in the pool for our pupils. While in the water, teaching staff work to develop the pupils' communication and social skills.

Rebound Pupils have the therapeutic use of the trampoline to develop and promote; communication and

Personal, Social and Emotional Development

- ❖ Developing attention during enjoyed activities / play.
- ❖ Play alongside others.
- ❖ Develop focus and attention.
- ❖ Self-choose or initiate activities.
- ❖ Trying new or novel activities.
- ❖ Seek soothing when upset or dysregulated.
- ❖ Make and maintain eye contact.
- ❖ Following gaze
- ❖ Respond to and become more familiar with a range of people.
- ❖ Respond to adults by changing behaviours.
- ❖ Develop a sense of self through mirror work.
- ❖ Peek-a-boo games.
- ❖ Development of boundaries
- ❖ Understand / respond to praise, and the words 'no' and 'wait'.
- ❖ Continue to build relationships with adults and peers.
- ❖ Tasting new foods / Exploring new sensory materials
- ❖ Using cutlery / drinks bottle
- ❖ Following routines
- ❖ Dressing / undressing where appropriate
- ❖ Experiencing the local environment
- ❖ Parachute games
- ❖ Turn taking and sharing

Physical Development

- ❖ Passive Movements
- ❖ Individual Physio and OT Plans
- ❖ Developing fine motor skills
- ❖ Specialist Equipment: standers, walkers, gaiters, foot splints etc.
- ❖ Opportunities to move head or body parts to prolong or cease sensory input.
- ❖ Rolling / walking / taking own weight / shuffling / crawling / walking
- ❖ Sensory exercise equipment - peanut balls, swings, slides.
- ❖ Climbing up and down furniture / steps
- ❖ Holding and carrying objects of different sizes.
- ❖ Interacting with both small- and large-scale toys and resources.
- ❖ Opportunities to play with resources through dropping, banging, tapping, throwing, shaking, passing from hand to hand.
- ❖ Opportunities to poke, prod, post and place resources.
- ❖ Development of hand-eye coordination
- ❖ Mark Making e.g. sand / playdough / paint bags / whiteboards / shaving foam etc.
- ❖ Exploring objects through reaching, grasping, exploring, squeezing, mouthing
- ❖ Eating and drinking using fingers / a spoon / bottle or a cup.
- ❖ Exploring of cause-and-effect toys - turning nobs and pressing buttons
- ❖ Opportunities to push and pull objects.
- ❖ Cooperating with dressing and undressing - including pushing arms/ legs into sleeves / trousers
- ❖ Soft Play activities
- ❖ Rebound therapy opportunities to strengthen limbs, improve muscle tone and to provide opportunities for relaxation
- ❖ Hydrotherapy to support and strengthen muscles across the whole body.

interaction, motor skills, body awareness, perceptual, vestibular and proprioception development, balance, co-ordination, and sensory integration. Rebound reduces stress, stimulates endorphins, and promotes relaxation, fun and enjoyment.

Health and Well Being - Positioning/Postural Care It is vital that pupils have 24-hour postural care. Pupils are positioned correctly into their specialist equipment to help protect and restore body shape and prevent further health complications. Our pupils need to be comfortable and functionally well positioned to allow for learning opportunities. Throughout the day, pupil positions and equipment are regularly changed.

TACPAC - Sensory Communication using Touch and Music TACPAC sessions enhance the links between hearing and touch, emotion, movement, communication (reactive, proactive, and interactive) and ways of relating to others. Pupils can relate to music, tactile experiences, and other people through close **Hand & Foot Massage/Story Massage** Massage promotes health and well-being by reducing/relieving stress hormones, aches, pain, muscle tension. It helps pupils to relax, improves their concentration, emotional regulation, social connection, sleep, blood circulation, skin tone, joint mobility, and flexibility.

Expressive Arts and Design

Music:

- ❖ Action songs, nursery rhymes, music from other cultures
- ❖ Show attention to sounds and music by exploring a range of songs and instruments.
- ❖ Explore a range of environmental sounds - wind / rain / thunder / volcano eruptions
- ❖ Exploring and moving to music and songs
- ❖ Weekly rhyme time / library visits
- ❖ Weekly singing / music sessions

DT:

- ❖ Sensory cookery linked to stories / religious celebrations
- ❖ Exploration of food from around the world
- ❖ Exploring a range of materials and textures
- ❖ Valentine's Day crafts
- ❖ Easter crafts



Art:

- ❖ Opportunities to paint and mark make using fingers, parts of their bodies, or simple tools.
- ❖ Exploring malleables - i.e. playdough and clay - make marks and twist, prod etc
- ❖ Sensory exploration through focus text / story
- ❖ Colour mixing
- ❖ Bubble painting
- ❖ Valentine's Day crafts
- ❖ Mother's Day crafts



Understanding the World.

- ❖ Visit and explore our local community - i.e. parks and gardens, supermarkets, local shops, cafes for social interactions, beach visits, farm / allotment visits,
- ❖ Messy play & sensory exploration of the world around us
- ❖ Opportunities to interact with different people.
- ❖ Celebrations of Lunar New Year
- ❖ St Patrick's Day



Science:

- ❖ Exploration of animals and their habitats from around the world - extremes from hot to cold climates
- ❖ Exploring water in its different states - ice / water / steam - foot spas with water of different temperatures
- ❖ Observing weather
- ❖ Experiments - volcanic eruptions / storm in a jar etc.



Computing:

- ❖ Explore toys that have light, sound and movement
- ❖ Cause and effect toys.
- ❖ Explore and interact with mechanical/ electronic devices - i.e. buttons, cranks, switches etc.
- ❖ Cause and effect apps on iPads and interactive whiteboard.

RE:

- ❖ Shrove Tuesday - pancake day

Overview: Spring 2025 Class: Topic: Extreme Earth Teacher: Jess Abbott Team Leader: Sam Beacher



- ❖ Ash Wednesday - beginning of Lent
- ❖ Easter story - sensory stories and exploration of linked items
- ❖ Holi - Hindu festival of colour